L37 Spin precession

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 Similar to the precession of a Foucault pendulum (Coriolis couples x,y modes), Torque perpendicular to the z-axis couples x,y components of angular momentum. Solved using the same technique (also charge in B-field, ...)

$$\vec{L} = \vec{L} \vec{\omega} \quad \vec{T} = \begin{pmatrix} x & 0 \\ 0 & T \end{pmatrix} \quad \vec{I} = \int dm p^2 \qquad p^2 = \chi^2 + q^2$$

$$\vec{M} = \vec{R} \times \vec{M} = \vec{R} \times \vec{M} = - \int dm p^2 \quad p^2 = \chi^2 + q^2$$

$$\vec{L} = \vec{T} = \vec{R} \times \vec{M} = - \int dm p^2 \quad z \times \vec{L} \qquad \text{lot} \quad \vec{L} = L_{\chi} + iLq$$

$$\vec{L} = -i \omega_p \vec{L} \quad \vec{L} = \vec{L}_0 \quad \text{eiupt} \qquad \vec{L}_2 = 0 \qquad L_2 = L_2^2$$

Next week we will solve the general case where I and ω are not parallel.

- The same physics is involved in precession of a magnetic moment $\mu = IA$ by $\vec{\tau} = \vec{\mu} \times \vec{B}_0$
- 1) Calculate the gyromagnetic ratio $\gamma = \mu/L$ for a point mass m or charge q orbiting in a circle
- 2) Calculate the Larmor precession frequency $\omega_L = \gamma B$ of a neutron, where $\gamma = g_n e/2m$.
- 3) In the rotating frame the non-inertial time derivative acts as a pseudomagnetic field. Add an oscillating B_1 (static in the rotating frame) and calculate Rabi flopping $\omega_R = \gamma B_{tot}$.