

L52-Angular Momentum-Eigenvalues

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* Review: $\vec{L} \equiv \vec{r} \times \vec{p}$ $[p_i, r_j] = i\hbar \delta_{ij}$

by cyclic permutation,

or formally,

$$[L_i, L_j] = \epsilon_{ijk} i\hbar L_k$$

$$\hat{L} \times \hat{L} = i\hbar \hat{L}$$

"generalized definition of angular momentum $\vec{J}$ "

This captures all of its essential properties.

The eigenvalues can be derived from $\vec{J} \times \vec{J} = i\hbar \vec{J}$

* define $\hat{L}^2 \equiv L_x^2 + L_y^2 + L_z^2$ to complete the $\vec{L}$ algebra

$$\text{then } [L_x, L^2] = [L_x, L_x^2] + [L_x, L_y^2] + [L_x, L_z^2]$$

$$= [L_x, L_y] L_y + L_y [L_x, L_y] + [L_x, L_z] L_z + L_z [L_x, L_z]$$

$$= i\hbar (L_z L_y + L_y L_z) - i\hbar (L_y L_z + L_z L_y) = 0$$

thus $[L^2, \vec{L}] = 0$

we can choose L^2, L_z to be a complete set of commuting operators over the space of angular functions. (these appear in $\mathbb{R}^2$!)

* can we factor $L_{\pm}^2 \equiv (L_x^2 + L_y^2) \stackrel{?}{=} (L_x + iL_y)(L_x - iL_y)$ (NO! commutation relations!)

define: $L_{\pm} \equiv L_x \pm iL_y$ $L_{\pm}^{\dagger} = L_{\mp}$ ladder operators $[L_{\pm}, L^2] = 0$ still.

$$L_+ L_- = (L_x + iL_y)(L_x - iL_y) = L_x^2 + L_y^2 - i[L_x, L_y] = L_x^2 + L_y^2 + \hbar L_z$$

$$L_- L_+ = L_x^2 + L_y^2 - \hbar L_z \quad \text{so } [L_+, L_-] = 2[L_x, L_y] = 2\hbar L_z$$

$$[L_z, L_{\pm}] = [L_z, L_x] \pm i[L_z, L_y] = i\hbar(L_y \mp iL_x) = \pm \hbar L_{\pm}$$

thus $L_z L_{\pm} = (L_z \pm \hbar) L_{\pm}$ it raises or lowers eigenvalues

* summary of commutation relations:

Plan to determine eigenvalues:

A) $L_{\pm} |lm\rangle = A_{\pm}^{\pm} |l, m \pm 1\rangle$

B) $L_z |lm\rangle = \hbar m |lm\rangle$

C) $L^2 |lm\rangle = \hbar^2 l(l+1) |lm\rangle$

D) $m = -l, -l+1, \dots, l-1, l$

D) $A_{\pm}^{\pm} = \hbar \sqrt{(l \mp m)(l \pm m + 1)}$

	CSCO		B		ladders	
$[A, B]$	L^2	L_z	L_x	L_y	$L_+ L_-$	
L^2	0	0	0	0	0	0
L_z	0	0	$i\hbar L_y$	$-i\hbar L_x$	$\pm \hbar L_{\pm}$	ladders.
L_x	0	$i\hbar L_y$	0	$i\hbar L_z$	$\mp \hbar L_z$	
L_y	0	$-i\hbar L_x$	$-i\hbar L_z$	0	$-i\hbar L_z$	
L_+	0				0	$2\hbar L_z$ factorization.
L_-	0				0	

* Ladder property: let $|lm\rangle$ be an eigenstate of L^2, L_z

with $L^2 |lm\rangle = \lambda |lm\rangle$ $L_z |lm\rangle = \mu |lm\rangle$

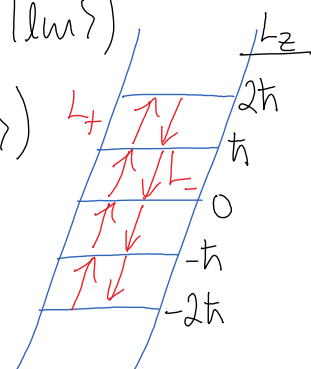
and consider the new state $L_{\pm} |lm\rangle$

A) $L^2 (L_{\pm} |lm\rangle) = L_{\pm} L^2 |lm\rangle = L_{\pm} \lambda |lm\rangle = \lambda (L_{\pm} |lm\rangle)$

$L_z (L_{\pm} |lm\rangle) = (L_z \pm \hbar) L_{\pm} |lm\rangle = (\mu \pm \hbar) (L_{\pm} |lm\rangle)$

B) thus $\mu = \mu_0, \mu_0 + \hbar, \mu_0 + 2\hbar, \dots = \hbar m$

$L_z |lm\rangle = \hbar m |lm\rangle$ and $L_{\pm} |lm\rangle \propto |l, m \pm 1\rangle$



C) let the maximum eigenvalue of L_z be $m=l$ so $L_+ |ll\rangle = 0$

then $L^2 |ll\rangle = [(L_- L_+ + \hbar L_z) + L_z^2] |ll\rangle = \hbar^2 l(l+1) |ll\rangle$

D) at the bottom rung, $L_- |l\bar{l}\rangle = 0$ (min eig. $m=\bar{l}$)

then $L^2 |l\bar{l}\rangle = [(L_+ L_- - \hbar L_z) + L_z^2] |l\bar{l}\rangle = \hbar^2 \bar{l}(\bar{l}-1) |l\bar{l}\rangle$

thus $l(l+1) = \bar{l}(\bar{l}-1) : \bar{l} = l+1$ or $\bar{l} = -l$ but $\bar{l} < l$

so $-\hbar l \leq \mu \leq \hbar l$ in steps of $\hbar$, which implies

$$l \in \{0, \frac{1}{2}, 1, 1\frac{1}{2}, 2, \dots\}; \quad \mu = \hbar m \quad m \in \{-l, -l+1, \dots, l-1, l\}$$

that is why we index the state by [half]integers l, m .

$\begin{aligned} L^2 lm\rangle &= \hbar^2 l(l+1) lm\rangle \\ L_z lm\rangle &= \hbar m lm\rangle \end{aligned}$	In our case $ lm\rangle \sim Y_{lm}(\theta, \phi)$ $l = 0, 1, 2, \dots$ for orbital angular momentum
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E) Matrix elements of ladder operators:

$$\text{recall } [\langle lm | L_{\mp}]^\dagger = L_{\pm} |lm\rangle = A_{lm}^\pm |l, m\pm 1\rangle \quad L_{\pm}^\dagger = L_{\mp} \quad \langle lm | lm\rangle = \delta_{ll} \delta_{mm}$$

$$\begin{aligned} \langle lm | L_{\mp} L_{\pm} |lm\rangle &= |A_{lm}^\pm|^2 = \langle lm | L^2 - L_z^2 \mp \hbar L_z |lm\rangle \\ &= \hbar^2 [l(l+1) - m(m\pm 1)] = \hbar^2 [(l\mp m)(l\pm 1\pm m)] \end{aligned}$$

thus $A_{lm}^\pm = \hbar \sqrt{(l\mp m)(l\pm 1\pm m)}$ up to an arbitrary phase

note: $A_{ll}^+ = 0$ since $L_+ |ll\rangle = 0$ and $A_{l-l}^- = 0$ since $L_- |l-l\rangle = 0$

so

$$L_{\pm} |lm\rangle = \hbar \sqrt{(l\mp m)(l\pm 1\pm m)} |l, m\pm 1\rangle$$