A system is described by the Hamiltonian

$$H = \frac{L^2}{2I} + \alpha L_z$$

What is the energy spectrum of the system?

Solution:

$$\begin{split} H \mid \ell, m > &= \frac{L^2}{2I} \mid \ell, m > + \alpha L_z \mid \ell, m > \\ &= \frac{\ell(\ell+1)\hbar^2}{2I} \mid \ell, m > + \alpha m\hbar \mid \ell, m > \\ &= \left(\frac{\ell(\ell+1)\hbar^2}{2I} + \alpha m\hbar\right) \mid \ell, m > \end{split}$$

Hence the energy spectrum is

$$E = \frac{\ell(\ell+1)\hbar^2}{2I} + \alpha m\hbar$$